



Summer Reflections

As summer sets in and we step into Quarter 2 of Year 2 of our Victim First contract, it's the perfect time to pause and reflect on all that was achieved in Quarter 1.

Quarter 1 of this new contract year laid a strong foundation- filled with dedication, progress, and meaningful impact. Now, with the longer days and fresh energy of summer, we look ahead with renewed focus, ready to build on that momentum and continue delivering vital support to those who need it most.



We are now delivering SHUSH/SHARA Project sessions for young people!

Victim First are now delivering **SHUSH/SHARA Project sessions** for young people **aged 10–18**. Focusing on empowering young people with the knowledge and confidence to **recognise and challenge harmful behaviours**.

Open to young people aged 10-18 yrs old, Contact VictimFirst@Catch-22.org.uk to refer

SPEAKING HONESTLY TO UNDERSTAND SEXUAL HARM

Session 1	Healthy/Unhealthy relationships
Session 2	Consent
Session 3	Personal space & boundaries
Session 4	Sexual harassment/Sexual assault
Session 5	Using a Bystander Approach
Session 6	Invasions of space
Session 7	Sexting
Session 8	Grooming awareness

Victim First
FUTURES

Jasmine House

Created By Jasmine House, Delivered by Victim First, Commissioned by The Office of Police and Crime Commissioner

To refer a young person or find out more contact: VictimFirst@Catch-22.org.uk



Key Statistics: April–June 2025

- We had **158** individuals feel better to cope and build resilience to move forward with daily life following engagement with Victim First service.
- We delivered **22** positive Restorative Justice outcomes.
- We have an **94%** overall satisfaction rate.

we had over

2858

positive contact made with victims



These achievements reflect the dedication and compassion of our team—and the strength of those we support.

Working with the community: Victims First's Stakeholder Engagement Session

Victim First held its 2nd Stakeholder Engagement session, focusing on how we can better connect with different groups across LLR. We're incredibly grateful to everyone who contributed their time, ideas, and honest feedback during the session. Your insights have been really valuable.

We're now planning new initiatives and improvements to build stronger, more inclusive connections that reflect the needs of the communities we support.

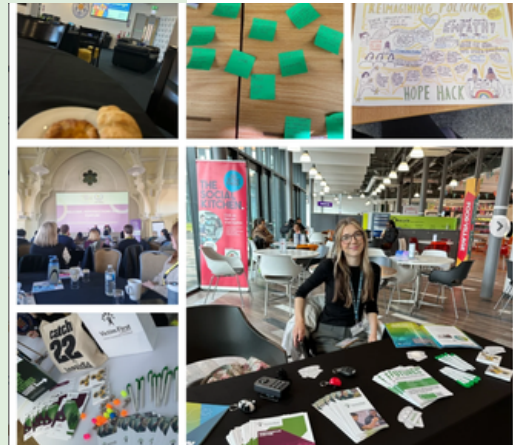


Community Engagement: Promoting Well-being and Building Connections

Victim First has been out in the community this month, engaging with the public and professionals to raise awareness about the support we offer. Our team has taken part in a range of events focused on mental health, well-being, and community connection. Some events we attended include:

- **University of Leicester Wellbeing Fair**
- **DMU Mental Health Day**
- **NWL Health and wellbeing roadshow**
- **Winstanley School Self-Care Wellbeing Day**

Through these events, we continue to strengthen local partnerships and ensure victims know where and how to access the support they deserve.



Community Highlight:

At Winstanley School's Self-Care Wellbeing Day, our caseworker led an engaging activity encouraging students to reflect on their best self-care tips, to share with others. This created a powerful opportunity for peer learning, helping students explore practical ways to care for their wellbeing and understand the importance of looking after themselves



Case Study

John was referred to Victim First after becoming a victim of fraud where a large sum of money had been stolen. He felt embarrassed and blamed himself, which led him to distance himself from friends and family. This had a huge negative impact on his mental health.

Victim First offered ongoing, non-judgmental emotional support. Our dedicated caseworker worked with him on rebuilding his mental resilience, addressing self-blame, and setting personal goals. John was also informed about the criminal justice process and the possibility of restorative justice, which he found empowering.

Over time, John reported feeling like himself again. He reconnected with his family, resumed activities he enjoyed, and regained confidence. He said that having a safe space to express his feelings was key to moving forward.

Supported by - Lily

Staff Focus Student Placement Testimony

"I spent 10 months as a placement student with Victim First, and it turned out to be one of the most rewarding experiences of my academic journey.

I had the chance to support victims, shadow and support caseworkers, deliver training sessions, and get involved in organizing and assisting with various community engagement events.

This role not only helped me grow but also confirmed how passionate I am about supporting others and working in this field."

Ash - Student placement 2025

Partner Spotlight

"This quarter, we're shining a spotlight on our fantastic partners at **Falcon Support Services**.



We've been strengthening our collaboration with Falcon support services who recently visited our team to share more about their services and explore ways we can work together.

Our team also had the opportunity to visit their sites in Lough & Hinckley, seeing first-hand the incredible work they do to support individuals in need.

It's been a brilliant exchange of insight and expertise, and we're proud to be building such a meaningful partnership. We're looking forward to attending their upcoming **community fuddle** and continuing to work together.

"Thank you so much for all your help. I appreciate you"

"Thank you for listening and for being there"

"The support has helped me to feel better about the offence"

The Voices of Victims