

**catch  
22**

# THEFT AND ROBBERY

Self-help booklet



# What is Theft and Robbery?:

A theft is when someone takes something that belongs to you, with the intention of keeping it.

A robbery is when something that belongs to you is taken from you by another person with force or the threat of force.

## What can you do?

If you are injured, then you may want to get medical attention. If this is urgent call 999 or go to your local A&E department, if it isn't an emergency speak to your GP or call 111.

Although it may never undo what happened, you may be able to access compensation through the [Criminal Injuries Compensation Authority \(CICA\)](#), this is a government funded organisation that can make payments to victims of violent crime, including sexual violence.

**Carrying a personal alarm** might help to make you feel safer in public, it will allow you to alert passers-by that you need are in danger. Catch22 Victim Services may be able to provide you with one of these.

**Access Restorative Justice:** Restorative justice is a voluntary process which offers you the opportunity to potentially communicate with the offender. You may be able to talk about the incident, the harm caused and ask any questions that you may have. To access Restorative Justice, speak to your local Catch22 Victim Service.

**Make sure to report stolen items to relevant organisations,** see below for an outline of what to do depending on the item.

**Bank cards:** should be reported to the company you bank with.

**Passport:** should be reported on the GOV.UK website 'Cancel a lost or stolen passport' section [here](#).

**Driving license:** should be reported on the GOV.UK website 'Replace a lost, stolen, damaged or destroyed driving license' here. Alternatively, you can contact the Driving and Vehicle Licensing Agency (DVLA).

**Mobile phones:** mobile devices can have tracking applications on them to find your device. It can be useful to activate this option on your phone. You can let the police know if your device has a tracking application activated. However, it is important you don't recover the device yourself in case of confrontation with person who stole your phone. When your mobile phone has been stolen contact your network provider, as they can block the phone and prevent anyone who has it from using it.

## What can Catch22 Victim Services do?

Through our victim services, we are here to support anyone who has been affected by theft and robbery. Our person-centred approach aims to empower and build resilience; we provide the necessary tools to navigate your recovery journey and move forward from the impact of crime. Support offered by our victims' services is free, independent and confidential, and available to victims and witnesses regardless of whether the crime has been reported or not.

We can help in the following ways:

**Emotional support**

**Practical Support including crime prevention and safety advice**

**Advocacy**

**Support through criminal justice processing**

**Signposting and onward referrals**

**Access to Restorative Justice**

# Useful organisations

[Understanding Robbery: Information and Resources | Crimestoppers](#)

[Personal safety: how to stay safe | Metropolitan Police](#)

## Reporting

You can also report to the police:

- In an emergency always call 999.
- In a non-emergency call 101
- Report online - [Contact us | Police.uk](#)
- Visit a local police station
- To report a crime anonymously, contact Crimestoppers at 0800 555 111, or visit [Independent UK charity taking crime information anonymously | Crimestoppers](#)

How to contact our victim services:

**Catch22 Victim Services**

To find out more about the victim services that we deliver and to access support visit:

[Victim services | Catch22](#)

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